

Product Information: Plantain Syrup (Sugar-Free)

1. **Producer:** Neofyt spol. s r. o., Pražská 442, 281 67 Stříbrná Skalice
2. **Ingredients:** water, sorbitol (thickener), plantain leaf extract (*Plantago lanceolata*, 4 g of dry drug per 100 g of product), hydroxypropylcellulose (thickener), saccharin (sweetener), potassium sorbate (preservative), sodium benzoate (preservative).
3. **Characteristics:** Plantain syrup contains a high proportion of plantain leaf extracts. Plantain is known for its soothing effects on the respiratory system in case of irritation. Plantain syrup does not contain sugar. After taking the syrup, the content of sorbitol instead of sugar leads to limiting the increase of the glucose level in the blood and contributes to maintaining the mineralization of teeth. Plantain syrup is intended for adults and children from 3 years of age.
4. **Dosage:** Children from 3 – 12 years of age: 5 ml (teaspoon) 3-5 times per day. Adults and children from 12 years of age: 10 ml (tablespoon) 3-5 times per day.
5. **Administration:** Serve using the measuring cup or directly from the spoon. Can also be added into lukewarm tea. Shake well before use.
6. **Warning:** Take the syrup during the day, not during the evening hours (by 5:00pm at the latest), because the patient would be forced to cough at night. It is suitable to ensure a sufficient amount of liquids. If the cough is persistent, dry and does not lead to removing phlegm, it is advisable to use antitussives, which limit irritating stimuli from the airways and suppresses coughs. The combination of antitussives and plantain syrup is not recommended. However, if its combination is necessary (for example, a persistent cough at night), then use the plantain syrup during the day and the antitussives during the night. Any slight cloudiness is caused by a high proportion of plantain extracts and does not decrease the quality of the product. Keep out of the reach of children. Excessive consumption may have laxative effects.
7. **Storage:** Store in a dark place at a temperature of 5 °C – 25 °C. Keep out of the reach of children.
8. **Volume:** 250 ml
9. **Date of Last Revision:** July 25th, 2016
10. **Liquidation:** Follow the instructions on the product's package.